

Honey Yoghurt

Greek yoghurt, puffed wild rice, dried banana, goji berry

7 | v gf

Pollen's Bread

Sourdough, Brioche or English Muffin with

butter/jam/vegemite/peanut butter 5

add Avocado 3 Mushrooms 4 Scrambled eggs 5

Thick cut Bacon 6 Smoked salmon 7

Steelcut Oatmeal

Oatmeal chilled in apple honey yoghurt, berries, candied almonds, dates

11

Smoked Salmon Benedict

Smoked salmon, spinach, spicy hollandaise, house made biscuit

18

Vegan Benedict

Smoked tofu bacon, quinoa & black bean patty, wilted arugula, vegan muffin and vegan hollandaise

16 | v vg

Crispy Fried Egg & Polenta

Community grains polenta, sofrito, braised mushrooms, baguette

14 | v

Housemade English Muffin

Local eggs, jarlsberg, vegemite butter

13 | v

Mushroom Toast

Whipped black pepper boursin, fennel gremolata, garden herbs

12 | v

Bacon & Egg

Thick cut smoked bacon, soft poached egg, grilled halloumi, harissa avocado, sourdough

18

French Toast

Strawberries & honey cream

15

Lemon & Poppy Seed Pancakes

Pollen Preserve blueberry jam, golden syrup

13 | v

Fried Egg Sandwich

Smoked bacon, gruyere, pan roasted potato with chorizo

15

Cobb Salad

Bacon, chicken, bibb lettuce, avocado, tomato, egg, blue cheese crumble

16

Corn Bacon Hash

Bacon, yellow corn, piquillo pepper, gold yukon potatoes, tomatillo salsa, poached egg

15

Organic Roast Chicken Salad

Asparagus, almond goat cheese, sugar peas, golden beets, balsamic glaze

16 | gf

Pan seared Ora King Salmon Salad

Pea Tendrils, wild crispy rice, raspberries, sherry vinaigrette & crispy artichokes

18 | gf df

Grilled Cheese

Gruyere, cheddar, swiss cheese, tomato soup

14 | v

Pollen Burger

Ground chuck & brisket, cheddar, sesame brioche bun, pickled arugula, animal sauce served with fries or salad

17 add Bacon 3 Avocado 1.5 Jalapeno .75

Vegan Burger

Chickpea patty, avocado, sprouts, smoked ketchup served with fries or salad

16 | v vg

Please see the counter for today's selection of fresh sandwiches, salads and pastries.

In one of the most wasteful industries in the world we are working towards rejecting wastefulness and finding solutions to create a more sustainable dining experience. Some little steps that we are taking include: Offering water only on request; using recycled take-away packaging & paper straws; working closely with 'RecyLA' to ensure waste management is kept to a minimum. We are also working with a local farmer and hope to have our bees pollinating and harvesting our own honey - mid 2018.